

Release and Hold Harmless Agreement

To the best of my knowledge, I am in good physical condition and fully able to participate at Linda's Local Food Café. I am fully aware of the risks and hazards connected with participation, including physical injury or even death, and hereby elect to voluntarily participate, knowing that the associated physical activity may be hazardous to me and my property.

I VOLUNTARILY ASSUME FULL RESPONSIBILITY FOR ANY RISKS OR LOSS, PROPERTY DAMAGE, OR PERSONAL INJURY, INCLUDING DEATH, that may be sustained by me, or loss or damage to property owned by me, as a result of participation.

I hereby RELEASE, WAIVE, DISCHARGE, AND COVENANT NOT TO SUE, Linda's Local Food Café, the owner/operator of Local's Local Food Café, their officers, servants, agents, and employees hereinafter referred to as RELEASEES) from any and all liability, claims, demands, actions and causes of action whatsoever arising out of or related to any loss, damage, or injury, including death, that may be sustained by me, or to any property belonging to me, while participating, or while on or upon the premises. It is my expressed intent that this Release and Hold Harmless Agreement shall bind the members of my family and spouse, if I am alive, and my heirs, assigns and personal representative, if I am deceased, and shall be deemed as a RELEASE, WAIVE, DISCHARGE, and COVENANT NOT TO SUE the above named RELEASEES. I hereby further agree that this Release and Hold Harmless Agreement shall be construed in accordance with the laws of the State of Colorado.

In signing this release, I acknowledge and represent that I HAVE READ THE FOREGOING Release and Hold Harmless Agreement, UNDERSTAND IT AND SIGN IT VOLUNTARILY as my own free act and deed; no oral representations, statements or inducements, apart from the foregoing written agreements have been made; and I EXECUTE THIS RELEASE FOR FULL, ADEQUATE AND COMPLETE CONSIDERATION FULLY INTENDING TO BE BOUND BY LINDA'S LOCAL FOOD CAFÉ.

Signature: _____

Print Name: _____

Date: _____ Event: _____

This waiver has been adapted from Same Café's volunteer waiver, www.soallmayeat.org